



Grade 6-8

Health and safety

June 2024

Title of the activity: Medicinal Plants and its Uses

Classes involved: Grade 6-8

Month and year: June 2024-25

Teachers Responsible: All class teachers

Description of the activity: This activity helps children to understand and gather information on medicinal plants and its uses. Our ancestors have used medicinal plants for treatment of various ailments. Medicinal plants grown in our surroundings have aesthetic value as well as provide cure to severe illnesses. Imparting knowledge about the benefits of medicinal plants is very vital.

Learning Outcome:

- To create awareness on the beneficial effects of various medicinal plants.
- To know how to identify some of these plants in our surroundings.
- To explore various ways of utilising these herbs in our day to day lives

Skills involved:

- Communication
- Interdisciplinary approach
- Analytical ability
- Collaboration
- Categorization
- Aesthetic values

