

SANA NURSERY AND PRIMARY SCHOOL

CO-CURRICULAR ACTIVITY – 1JUNE 2025-26

LOWER KINDERGARTEN

COLOURING ACTIVITY



ACTIVITY: 1

ACTIVITY TITLE: *COLOURING ACTIVITY*

CLASSES:LKG–A,LKG–B & LKG – C

TEACHERS RESPONSIBLE:

LKG A – Thakreeth Nisha & Jahan Afrin

LKG B – Faridha A S & Syed Ali Fathima

LKG C – Salma & Kanitha Shaheen

ACTIVITY:

A Splash of Colour and Creativity

On 20th June 2025, our young artists from LKG added a joyful burst of colours to the classroom during the Colouring Activity at SANA Nursery and Primary School. The event was conducted across all three LKG sections and brought out the vibrant imagination and creativity of our little ones.

Children were given a picture of a fruit basket to colour, and what followed was a beautiful mix of creativity, focus, and joy. Some children carefully coloured within the lines, while others joyfully explored with their crayons every picture reflecting the child's unique style and imagination.

Happy Hearts and Colourful Hands

The classrooms were full of positive energy, laughter, and quiet focus as children enjoyed expressing themselves. Our students were fully immersed, and it was heartwarming to see how proud they felt of their work. Teachers moved around encouraging them, admiring their choices, and gently guiding where needed.

Once completed, the fruit basket artworks were proudly displayed on the display boards, turning the walls into a bright, fruity gallery. The smiles on their faces as they pointed to their work made every child feel proud and appreciated.

ADVANTAGES OF THE ACTIVITY:

Why Colouring Matters at This Age:

While it may seem like a simple classroom task, colouring activities at the kindergarten level are deeply beneficial to young children. It helps them learn in ways that feel like play but support important skills that grow with them.

KEY BENEFITS:

- **Fine Motor Development:** Holding crayons and colouring helps strengthen hand muscles, improves pencil grip and hand-eye coordination.
- **Encourages Creativity and Imagination:** Children make decisions about colour choices and artistic expression.
- **Improves Focus & Patience:** Colouring encourages stillness, concentration and calmness, helping develop longer concentration spans.
- **Boosts Confidence:** Completing the drawing fills them with a sense of achievement and pride. .

- Concept Reinforcement: Linking pictures to classroom learning (like colours) helps with memory and understanding.

SUBJECT INTEGRATED:

- Art and Craft: Children engage in hands-on creative expression.
- Environmental Studies (EVS): They connect the activity to real-world objects like fruits, reinforcing identification and vocabulary.
- Physical Development: Strengthening hand control and fine motor movement.
- Language Development: Children learn to name fruits, describe colours, and follow simple instructions, all while expanding their vocabulary.

CONCLUSION:

The Colouring Activity was a perfect blend of learning and joy, giving our students the space to slow down, express themselves, and experience the simple happiness of creating something with their own hands. It was heartwarming to see each child dive into the task with enthusiasm and confidence. Their bright minds and even brighter artwork brought a special energy to the day, turning the classroom into a vibrant celebration of creativity. We are incredibly proud of their efforts and the cheerful spirit they carried throughout. Moments like these remind us how small activities can

EVIDENCE:

